



707 Broadway NE, Suite 103, Albuquerque, N.M. 87102  
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## STATEMENT OF UNDERSTANDING

The La Familia program is designed to assist you in evaluating your situation, looking at alternatives, and making a choice that you feel is in the best interest of both you and your child. La Familia believes that this decision is your choice and no one should pressure you to do something you do not want to do.

### **Counseling:**

The La Familia caseworker will meet with you regularly to discuss your concerns. The caseworker will keep you informed about available resources and options if you decide to parent. If you decide to plan for an adoption, your worker will discuss the adoption process with you. We feel that counseling will help you adjust to and understand the wide variety of emotions you may have during this time. La Familia believes that you have several options to explore. Your worker will discuss abortion, adoption, parenting and family care with you during the counseling process. Regardless of your decision, you will be provided with referrals to help you follow through with the plan you have created. Counseling is also available to members of your family and the birth father's family. If you feel uncomfortable with La Familia's counseling involvement with the birth father or his family, he will be referred to another provider.

### **Financial:**

Private insurance and Medicaid will be utilized to meet all medical costs if possible. Expectant mothers will be asked to apply for all such benefits, if qualified. Your worker will help you decide which option is best for you. If you decide to parent, you will be responsible for the medical expenses that are not covered by either insurance or Medicaid. If the baby is relinquished to La Familia for an adoptive placement, agency resources may be utilized to pay for any pregnancy, delivery, and routine post-natal care for you and the child.

If necessary, La Familia will help birthparents find resources to assist with pregnancy related expenses.

### **Medical Care:**

Your wishes for healthcare services will be acknowledged and respected. We encourage you to obtain prenatal care as soon and as consistently as possible. La Familia will keep you informed of any medical resources that meet your needs.

**Planning for Adoptive Placement:**

La Familia caseworkers will provide you with adoptive family profiles to help you select an adoptive family for your child if you choose to make an adoption plan. After you select a family, your La Familia worker will discuss with you the level of involvement you would like to have with the adoptive family. The home you select will be supervised by a caseworker until the adoption is final.

La Familia caseworkers will assist you in the completion of necessary forms if you decide to make an adoption plan. The caseworker will work with the attorneys and the courts to finalize the adoption. Please discuss your needs and concerns with your worker. Counseling is available from a La Familia, Inc. adoption coordinator until the child is 18 years old. La Familia, Inc. will assist you in locating resources to meet your needs regardless of the decisions you make regarding the future of the pregnancy.

If you have any questions, please contact your caseworker at (505) 766-9361.

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**Applicant**

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**Caseworker**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Date**