

LA FAMILIA, INC.  
ADOPTIONS SERVICES  
GRIEF HISTORY-STRENGTHS ASSESSMENT

List the losses you have experienced in your life. Try to rate them from the most severe or traumatic loss to the less difficult to cope with.

How were these losses dealt with? Do you feel they were worked through or resolved by you?

Do you remember being depressed with any of these losses? How did the depression manifest itself?

What kinds of things do you usually do when you are upset?

What is your family's (parents, siblings) pattern of handling grief?

Are there family rituals for handling grief?

Routing:  
 Client's files